



Download Kraków Health Guide

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Health tourism is a phenomenon that combines prevention, treatment and rehabilitation with leisure. The Kraków Health Guide aims to make it easier for residents and tourists to find practical information related to treatment in Kraków. The guide will be useful both for people looking for the place of their planned treatment or cure and in situations of urgent need for medical services.

The guide contains:

- information on establishments offering medical services with an indication of the unique products and those most frequently sought after by tourists,
- a list of the most important places providing medical assistance in urgent situations.

The establishments listed in the 2024 Proturmed Foundation survey confirmed their experience in receiving foreign visitors. In addition, a list of entities with websites translated into at least one foreign language was also provided.

Kraków Health Guide (KIZ) was created as part of the development and promotion of medical tourism in Kraków. It is part of the public task '**Sustainable tourism and the development, promotion of Krakow's tourism products and routes - in accordance with the recommendations of the Sustainable Tourism Policy in Krakow for 2021-2028 and on the basis of the Act on Municipal Government**'. The executor of the task, selected through an open competition for non-governmental organisations, was the Proturmed Foundation.

[PL: **Krakowski Informator Zdrowotny (KIZ)** powstał w ramach rozwoju i promocji turystyki medycznej w Krakowie. Stanowi to część zadania publicznego „**Turystyka zrównoważona oraz rozwój, promocja krakowskich produktów i szlaków turystycznych - zgodnie z rekomendacjami Polityki zrównoważonej turystyki w Krakowie na lata 2021-2028 oraz na podstawie ustawy o samorządzie gminnym**”. Realizatorem zadania, wyłonionym na drodze konkursu otwartego dla organizacji pozarządowych została Fundacja Proturmed.]