

 **Kraków**



**Visit
& Heal :)**

Receiving treatment in Krakow:

quality and comfort



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The Wawel Castle, Main Market Square, St. Mary's Church and Kazimierz District... Krakow, the city entered into **the first list of the UNESCO World Heritage Sites**, offers the wealth of history and architecture. It astonishes with diversity with each step you take – with the unique mosaic of styles and atmospheres. For many years Krakow has reaffirmed that its inclusion into the list of the most beautiful and interesting cities in the world was not merely a matter of chance. Krakow features also a contemporary image of a dynamically developing academic and business centre continuing to attract unique personalities like a magnet.

Wawel Castle



Krakow belongs to **the most easily accessible cities in the Central Europe**. In 1978, its historic centre and the Wieliczka Salt Mine located nearby were entered into the first list of the UNESCO World Heritage Sites. A well-developed rail, road and air connection system is one of the city's advantages, while **the John Paul II International Airport** situated in the Balice locality near Krakow **is the second largest airport in Poland** in terms of size and volume of passengers. The airlines serving the airport offer attractive connections to practically any destination throughout

the world (**more than 100 regular flights**). A **dedicated railway line** transports the passengers from the airport to the city downtown in a couple of minutes and a well-developed urban transport system of Krakow satisfies even the most demanding tourists.

All these amenities provide plenty of opportunities for the tourists arriving to Krakow from the near and far corners of the earth.



And that's not all. Krakow offers **the most extensive tourist base in Poland** tailored to the demands of tourists having various financial capabilities. The downtown and its surroundings offer several dozens of top-standard hotels, including the chained-brand ones. On the other hand – you can choose from plenty of boutique, small-scale facilities located just a few steps away from the Main Square and enabling you to start sightseeing immediately after breakfast. Thanks to comprehensive offer of hostels and apartments you can find affordable accommodation at any time of the year. Don't forget that **Krakow has more than 2 thousand restaurants!** Even those with the most demanding palates will easily find menu of their dreams.

sports events. Krakow is the city of modern museums, where the visitors can explore the history by interactive means.

Krakow, without doubt, enthrals with its unique atmosphere.

The City of Kings is not all about the history and culture. It is also **the place of work of many leading specialists**, including these treating people! Apart from the monuments, concerts and museums, the city attracts with **plenty of clinics able to compete with the best European health centres** with their technologically advanced equipment and highly skilled

Rubinstein restaurant



Sacrum Profanum Festival. Photo by Wojciech Wandzel for Krakow Festival Office



Krakow is **the city living a full cultural life**. Each year, the capital of Lesser Poland hosts **nearly 100 festivals** and other international-scale events like Misteria Paschalia, Sacrum Profanum, Jewish Culture Festival or the Film Music Festival to name just a few. The state-of-the-art sports and concert infrastructure serves as the base for organisation of global music and

medical staff. The best Polish healthcare providers are enrolled from the graduates of the prestigious Jagiellonian University Medical College in Krakow.

Explore our city and benefit from the services provided by our **reputable healthcare facilities**. You can contact them directly or by means of plenty of tourist agencies and offices located in the capital of the

Lesser Poland and offering comprehensive services to the medical tourists. **It is worth to use their support.**

We should also mention that the entities organising scientific conferences frequently choose Krakow as the venue of the medical authorities meetings. Technical and organizational support offered by the best healthcare providers in Poland gives **the most valuable guarantee of the top scientific level of both national and global events** hosted by the capital of Lesser Poland. These include among others the McMaster International Review Course in Internal Medicine, World Congress on Osteoporosis, Knee Arthroplasty, Scientific Congress of the Polish Pharmaceutical Society, European Family Physician Conference, Medical Law Congress, Medical Tourism Congress and the meetings of the scientific committee of the Polish Association for the Treatment of Burns – to name just a few.

The ranking of Krakow's prestigious clinics offering the highest quality of care and treatment provided by medical staff lists primarily: the University Hospital offering the experienced staff and advanced medical technologies. Let us just say, by means of an example, that the cardiologists from this hospital developed and implemented the myocardial infarction invasive management system by establishing a network of collaborating hospitals. This model of regional healthcare centres was included into the guidelines for the management of myocardial infarction in Poland, Europe and in the USA. The university healthcare providers have been repeatedly invited to perform surgical procedures broadcasted live during the leading international cardiology conferences, including PCR (Paris) or TCT (Washington). The **University Children's Hospital in Prokocim** is among the most reputable paediatric centres in Poland offering services in all

paediatric specialties and a full range of diagnostic and rehabilitation services. Another leading medical centre in Krakow is the **Ludwik Rydygier Memorial Specialized Hospital**, the structure of which is based, among others, on the Lesser Poland Burn and Plastic Surgery Center specializing in the most difficult single-stage reconstructions in the world. The Department of Orthopaedics and Trauma Surgery of the **Stefan Żeromski Specialist Municipal Hospital** is the only in Poland training centre for healthcare providers from around the world. The surgeons from the "Żeromski" Hospital organize a prestigious biannual international "Knee Arthroplasty" symposium in Krakow. This hospital is also recognised from one of the best Laryngology Departments in the southern Poland. The **J. Dietl Specialist Hospital** located in the Krakow downtown offers, among others, comprehensive spine surgery and treatment of locomotor disorders that are difficult to diagnose and require extensive knowledge and experience. Another facility to be mentioned is **the John Paul II Specialist Hospital** – a leading cardiologic and cardiac surgery centre recognised both in the Lesser Poland and in Europe as a whole. The most advanced developments in cardiovascular surgery form the leitmotiv of cyclical meetings of the leading representatives of global cardiac surgery held by the Department of Cardiovascular Surgery and Transplantology in the John Paul II Specialist Hospital in Krakow.

Private clinics and healthcare facilities play an important role on the Krakow market of medical services. Their managers have been investing both in the most advanced medical technologies and primarily in highly skilled medical staff at all levels and of all specialties.

According to the study results, **the most popular services among the foreign patients in Krakow are the dental services.** The other areas of interest include cardiology, plastic surgery, aesthetic medicine, orthopaedics, rehabilitation, laryngology, ophthalmology, gynaecology, reproductive medicine, obstetrics and diagnostics.

The best healthcare providers in Poland, recognized authorities in their specialties as well as the new methods of treatment and technologically advanced medical equipment are waiting for you. Our specialists gain new experiences, invest in medical equipment and develop their centres on everyday basis.

The list of healthcare facilities declaring their willingness to join the area of medical tourism and selected on the basis of a pilot study composed of, inter alia, the anonymous interview method, is presented below. The material is of illustrative nature and addresses the criteria of capacity, experience, preparation and plans of the healthcare facilities in the area of servicing the foreign patients. The list does not reflect the entire range of medical services available in Krakow. The publisher bears no responsibility for the quality of services provided by the healthcare entities.

MULTIDISCIPLINARY HOSPITALS

J. Dietl Specialist Hospital in Krakow – Hospitalisation

ul. Skarbowska 4, Krakow
Phone: +48 12 687 65 60
www.dietl.krakow.pl

Website language versions: Polish and English

Specialties: rehabilitation, diagnostics, internal medicine, cardiology, neurology, rheumatology, orthopaedics and spine surgery

John Paul II Specialist Hospital in Krakow - Hospital Departments

ul. Prądnicza 80, Krakow
Phone: +48 12 614 20 00
www.szpitaljp2.krakow.pl

Website language versions: Polish and Ukrainian

Specialties: hospital treatment and surgical treatment, cardiology, cardiac surgery, cardiac rehabilitation, pulmonology, infectious diseases, medical diagnosis, Vaccination Centre, Neurology Centre (EMG, neuropsychological tests, neurological speech therapy)

Regenmed Hospital

ul. Grzegorzewska 67 C/U6, Krakow
Phone: + 48 661 911 025
www.regenmed.pl

Website language versions: Polish, English and Italian

Specialties: human mesenchymal stem-cell therapies (WJ MSC), neuromuscular diseases, encephalopathy and drug-resistant epilepsy, spinal cord injuries, apoplexies and other disorders

Scanmed St. Raphael Hospital

ul. Adama Bochenka 12, Krakow
Phone: +48 12 629 88 00
www.swrafal.pl

Website language versions: Polish, English and Russian

Specialties: hospital and operational treatment, specialist clinics, diagnostics: general surgery, oncological surgery, neurosurgery, orthopedics, cardiology, rehabilitation

Stefan Żeromski Specialist Hospital

os. Na Skarpie 66, Krakow
Phone: + 48 12 622 92 47, +48 12 622 95 28, +48 12 622 93 42
www.zeromski-szpital.pl

Website language versions: Polish and English

Specialties: diagnostic and hospital stays, surgical procedures. Wards: Internal Ward, General, Oncological and Low-Invasive Surgery Ward, Orthopaedics and Trauma Ward, Paediatric Surgery Ward, OBGYN Ward, Neurological Ward, Ophthalmological Ward, Otolaryngological Ward, Paediatric Ward and Urological Ward, Laboratories: Endoscopy, Computer Tomography, X-ray and Ultrasonography, EEG and EMG.

MULTIDISCIPLINARY HEALTHCARE CENTRES, HIGHLY-SPECIALISED FACILITIES

Klinika Krakowska (Krakow Clinic) - Specialist Clinic

ul. Józefa Mehoffera 6, Krakow, Branch Facility in Krakow
ul. Zachodnia 5/12a, Krakow
Phone: +48 12 638 38 18, + 48 267 62 60
www.klinika.krakow.pl

Website language versions: Polish and English

Specialties: specialist outpatient clinics, dentistry, surgery, gastroscopy, colonoscopy and travel medicine, sleep apnea examination, endoscopic capsule procedure, dental prostheses vaccinations

**Krakowskie Centrum Diagnostyczno Kliniczne
(Krakow Diagnostic and Clinical Centre)**

ul. Władysława Beliny-Prażmowskiego 60, Krakow
Phone: +48 12 621 15 20

www.kcdk.pl

Website language versions: Polish

Specialties: surgery, specialist visits, diagnostic tests, telemedicine – remote healthcare and prenatal genetic tests

Paradowski Medical Group

ul. Zygmunta Miłkowskiego 11A, Krakow
Phone: +48 501 224 884

www.paradowskiing.pl

Website language versions: Polish, English, Norwegian, Ukrainian, Russian, German

Specialties: sports medicine, regenerative medicine, minimally invasive surgeries, orthopaedics, physiotherapy, podiatry, aesthetic medicine, cardiology, oncology, dietetics, laryngology, endocrinology, Joint Stem Cells, Orthokine, PRP, Sports Medicine, joint operations, Sport Nutrition, Genetic Tests, Micronutrition, Biological balances, Treatment of onychomycosis, ingrow nails, podiatry, Echocardiography, Ultrasonography, Aesthetic medicine, Dermatotomy, Dermatology

Scanned Medical Center

ul. Armii Krajowej 5, Krakow
ul. Podgórska 36, Krakow
Phone: +48 12 629 88 00

www.swrafal.pl

Website language versions: Polish, English and Russian

Specialties: specialist consultations, pediatrics, cosmetic surgery, vascular surgery

Unicardia Specialist Cardiovascular Treatment Centre

ul. Kluczborska 15/U3, Krakow
Phone: +48 12 62 60 808, +48 663 080 808

www.unicardia.pl

Website language versions: Polish and English

Specialties: cardiovascular diseases, circulatory diseases, vascular surgery and oncology

Zino-Med

ul. Długa 78, Krakow
Phone: +48 519 146 247

www.zinomed.pl

Website language versions: Polish

Specialties: specialist outpatient clinics, internal medicine, laryngological and cardiologic consultations, minor surgery, ultrasound exams, analytical tests

**CLINICS OFFERING MEDICAL
SERVICES FOR WOMEN:
IN VITRO AND OBSTETRIC CLINICS**

Femina S.C. R. P. Jankowsky Hospital

ul. Józefa Kostrzewskiego 47, Krakow
Phone: +48 12 262 02 75

www.klinika.ginekologiczna.com.pl

Website language versions: Polish, English, German, Ukrainian and Slovakian

Specialties: gynaecology, obstetrics and plastic surgery, urology, gynaecological and oncological surgeries, laparoscopy, hysteroscopy, natural and caesarean delivery, uterine lowering down or prolapse surgeries, breast surgeries (mastectomy with lymph node dissection, quadrant resection, specimen collection), infertility treatment – laparoscopic and hysteroscopic recanalisation of Fallopian tubes, uterine venum and myoma dissection.

Parens Infertility Treatment Center

ul. 29 Listopada 155 C, Krakow
Phone: +48 12 66 53 777

www.parens.pl

Website language versions: Polish, English and Italian

Specialties: infertility diagnostics and treatment, gynaecology, urology, diagnostic tests, semen analysis, oncofertility (the procedures aiming at preserving the fertility of oncological patients)

**FACILITIES OFFERING
OPHTHALMIC SERVICES**

Professor Zagórski Eye Surgery Centre

ul. Ludwika Solskiego 7C, Krakow
Phone: +48 222 905 905

www.ocho.pl

Website language versions: Polish, English and Ukrainian

Specialties: eye surgery, specialist ophthalmic visits, diagnostic tests (ophthalmic), AMD - Age-related macular degeneration, glaucoma surgery, laser procedures

“Zooptica” Krakow Ophthalmology Centre

ul. Henryka Wieniawskiego 62, Krakow
Phone: +48 12 41 88 950

www.zooptica.pl

Website language versions: Polish and English

Specialties: eye, glaucoma and refraction surgery, laser vision correction

FACILITES OFFERING DENTAL SERVICES

3G Dentist

ul. Kielecka 1/2, Krakow
Phone: +48 533 777 678
www.3GDentist.eu

Website language versions: Polish, English and Norwegian

Specialties: dental implants, dental surgery, cosmetic dentistry and orthodontics

Albusdent Dental Centre

ul. Balicka 73, Krakow
Phone: +48 693 760 009
www.albusdent.pl

Website language versions: Polish, English and Norwegian

Specialties: implantology, microscopic endodontics, orthodontics, dental surgery, cosmetic dentistry, paediatric dentistry, conservative dentistry, teeth x-ray and CT, whitening and aesthetic medicine.

Artdentina

ul. Ślusarska 8/ LU 5, Krakow
Phone: +48 781 148 618
www.artdentina.pl

Website language versions: Polish (and bookmark in English)

Specialties: microscopic endodontics, orthodontics, implantology, periodontology, prosthetics

DENTestetica

ul. Kamienna 21, Krakow
Phone: +48 887 050 501
www.dentestetica.pl

Website language versions: Polish, English, Norwegian, Italian, Swedish and Dutch

Specialties: complex dentist, veneers, orthodontics, invisalign, implantology aesthetic Dentistry and express dentistry

Dent-Kraków

ul. Basztowa 23 /4, Krakow
Phone: +48 535 530 383
www.dent-krakow.pl

Website language versions: Polish, English and Norwegian

Specialties: implantology, prosthodontics, surgery and conservative treatment

Dentist

Pl. Inwalidów 7, Krakow
Phone: +48 12 63 21 055, +48 502 501 000, +48 691 304 301
www.dentist.com.pl

Website language versions: Polish and English

Specialties: aesthetic dentistry, microscopic endodontics, prosthetics, implantology, orthodontics

Esteticdent Stomatology and Implantology

ul. Krakowska 2B, Wieliczka
Phone: +48 12 27 83 388

www.esteticdent.com.pl

Website language versions: Polish, English version under construction

Specialties: cosmetic dentistry, implantology and dental surgery

Eurodent

ul. Krowoderska 51, Krakow
Phone: +48 126 345 893

www.eurodent.com.pl

Website language versions: Polish and English

Specialties: conservative dentistry, dental surgery and prosthodontics

Indexmedica

ul. Kazimierza Czapirńskiego 2, Krakow
Phone: +48 12 63 11 133

www.indexmedica.pl

Website language versions: Polish, English, German, Norwegian, Danish, Icelandic, Swedish and Italian

Specialties: implantology, prosthodontics, root canal treatment, periodontics, cosmetic and conservative dentistry and tooth whitening

Implantis Dental Clinic

ul. Ignacego Daszyńskiego 12/U5, Krakow
Phone: +48 511 511 615

www.implantis.com.pl, www.implantis.co.uk, www.tannlege-i-polen.com, www.tannreise.com,

Website language versions: Polish, English and Norwegian

Specialties: implantology, dental surgery, microscopic root canal treatment, prosthodontics and cosmetic dentistry

Lardent

ul. Śliczna 34B, U4, Krakow
Phone: +48 12 358 44 44

www.lardent.com.pl

Website language versions: Polish and English

Specialties: cosmetic dentistry, conservative dentistry and endodontics

Magnadent

ul. Radzikowskiego 138, Krakow
Phone: +48 727 556 600

www.magnadent.pl

Website language versions: Polish, English, Norwegian and Russian

Specialties: aesthetic dentistry, digital smile design, microscopic endodontics, implants, bone regeneration, conservative dentistry, aesthetic prosthodontics and periodontology

Piastowska Dental Clinic

ul. Piastowska 37, Krakow
Phone: +48 12 637 60 92

www.stomatologiapiaostowska.pl

Website language versions: Polish and English

Specialties: conservative dentistry, microscopic endodontics and implantology, dental prostodontics

Villa Dentica

ul. Bronowicka 19, Krakow
Phone: +48 12 353 33 33

www.villa-dentica.eu

Website language versions: Polish and English

Specialties: cosmetic dentistry, implantology, dental surgery and tooth whitening

FACILITIES OFFERING BEAUTY PROCEDURES IN THE AREA OF THE AESTHETIC MEDICINE AND DERMATOLOGY

Bona Dea Clinic

ul. Wodociągowa 47, Krakow
Phone: +48 602 439 555

www.bonadea-krakow.net.pl

Website language versions: Polish, English, German and Russian

Specialties: aesthetic medicine and gynaecology, safe Body Jet® liposuction, hair transplantation using the FUE method, non-surgical face and body skin lifting

Centrum Medyczne Dbaj O Piersi Dr Joanna Jędrys (Dr Joanna Jędrys Medical Centre)

ul. Klemensa Janickiego 1A U3, Krakow
Phone: +48 511 729 279

www.dbajopiersi.pl, www.chirurgplastyczny-krakow.pl

Website: Polish, English, Ukrainian and Russian

Specialties: plastic surgery, plastic surgery consultations, aesthetic medicine and ultrasound diagnostics

Dr Paradowska Aesthetic Clinic

ul. Zygmunta Miłkowskiego 11A, Krakow
Phone: +48 501 54 55 54

www.drparadowska.pl

Website language versions: Polish, English, Norwegian, Ukrainian, Russian, German

Specialties: aesthetic medicine, dermatosurgery, dermatology, firming treatments (endermology, carboxytherapy), rejuvenating treatments (botulinum toxin, hyaluronic acid, proffilo), epilation, depilation, microdermabrasion, scars, stretch marks (striae) & skin marks removal

Dr Wójcik Aesthetics

ul. Królowej Jadwigi 100, Krakow
Phone: +48 12 269 69 69, +48 506 510 960

www.drwojcik.pl

Website language versions: Polish and English

Specialties: aesthetic medicine, dentistry, wrinkle filling, lip augmentation and moisturizing, 4D threads, botox

Face And Body Institute

ul. Starowiślna 4/1, Krakow
Phone: +48 12 430 18 81, +48 793 30 18 81

www.medyczne-fbi.pl

Website language versions: Polish and English

Specialties: aesthetic medicine, dermatologic and plastic surgery, Soft lifting – hyaluronic threads, Mesotherm® non-surgical face lifting, preventive screening and skin naevus removal

Klinika Janeczko

ul. Gertrudy 24/1 Krakow
Phone: +48 12 433 83 83

www.klinikajaneczko.pl

Website language versions: Polish and English

Specialties: cosmetic procedures, general dermatology, aesthetic dermatology, laser dermatology and dermatologic cosmetics

SCMestetic - Medical Centre of Aesthetic Dermatology and Cosmetology

ul. Grzegórzecka 67C/U14, Krakow
Phone: +48 518 547 265

www.scmestetic.pl

Website language versions: Polish and English

Specialties: aesthetic medicine, plastic surgery and dermatology, weight reduction – VelaShape III, injection lipolysis, carboxytherapy, hair and scalp diseases, vitamin drips

FACILITIES OFFERING ORTHOPAEDIC SERVICES

Ortopedicum

ul. Koło Strzelnicy 3, Krakow
Phone: +48 12 425 38 51, +48 608 410 614

www.ortopedicum.pl

Website language versions: Polish, English, German, Ukrainian

Specialties: orthopedic surgery, rehabilitation, plastic and reconstructive surgery, hip surgery, knee surgery, hand and wrist surgery, shoulder surgery, elbow surgery, foot and ankle surgery, spinal surgery, revision procedures, reconstruction procedures, rehabilitation, plastic, reconstructive and aesthetic surgery

Sport-Med

ul. Zygmunta Miłkowskiego 11A, Krakow
Phone: +48 501 224 884

www.sport-med.pl, www.bioregen.com,

Websites language versions: Polish, English, Norwegian,
Ukrainian, Russian, German

Specialties: sports medicine, regenerative medicine, minimally
invasive surgeries, orthopaedics, reablement, physiotherapy,
osteopathy, chiropractic, sport psychology, Joint Stem Cells,
Orthokine, Platelet-Rich Plasma (PRP), joint arthroscopy,
arthroplasty

FACILITIES OFFERING REHABILITATION SERVICES

Prolo-Med

ul. Ks. Mikołaja Kuczkowskiego 16, Krakow

Phone: +48 12 641 00 88

www.prolo-med.pl

Website language versions: Polish and English

Specialties: orthopaedic rehabilitation, neurological reha-
bilitation, psychotherapy, bioenergy therapy

OUTPATIENT CLINICS IN THE PRIMARY HEALTHCARE SYSTEM

Ośrodek Zdrowia Skotniki (Skotniki Health Centre)

ul. Skotnicka 230A, Krakow

Phone: +48 12 399 49 60

www.pozskotniki.pl

Website language versions: Polish

Specialties: obstetric and family care, visiting nurse

FACILITIES OFFERING SERVICES IN THE AREAS OF PSYCHIATRY, PSYCHOLOGY AND PSYCHOTHERAPY

Centrum Dobrej Terapii (The Good Therapy Centre)

ul. Miłkowskiego 7/U1, 9/U3, Krakow

Phone: +48 668 230 869; +48 12 264 17 41; +48 12 359 51 96

www.centrumdobrejterapii.pl

Website language versions: Polish and English

Specialties: psychiatry, psychology and psychotherapy,
neurosis and anxiety treatment, depression treatment,
insomnia treatment, addiction treatment and therapy
(mainly alcohol abuse/dependence), sexualological treatment,
psychosis treatment

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